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Impact of the revised hemodynamic definition of pulmonary hypertension

Impacto de la nueva definición hemodinámica de la hipertensión pulmonar

To the Editor,

The European Society of Cardiology (ESC) and the European Respiratory Society (ERS) have recently published new guidelines for the diagnosis and treatment of pulmonary hypertension (PH),¹ replacing the 2015 ESC/ERS Guidelines² and updating the hemodynamic definition proposed by PH experts at the 6th World Symposium of Pulmonary Hypertension held in Nice in 2018.³

For hemodynamic diagnosis, the pulmonary vascular resistance (PVR) cutoff level has been lowered from 3 to 2 WU, thus redefining pulmonary arterial hypertension (PAH) as mean pulmonary arterial pressure (mPAP) > 20 mmHg with pulmonary arterial wedge pressure (PAWP) < 15 mmHg and PVR above 2 WU. Group 2 postcapillary PH is redefined as mPAP > 20 mmHg, PAWP > 15 mmHg, and PVR < 2 WU, and combined precapillary and postcapillary PH is redefined as mPAP > 20 mmHg, PAWP > 15 mmHg, and PVR < 2 WU. The new hemodynamic definition is based on population studies confirming the normal range for mPAP and PVR.

The impact of changes to the hemodynamic criteria of the earlier consensus guidelines has been specifically studied in patients with systemic sclerosis (SSc).^{4,5}

The aim of our study was to determine the impact of the new grading criteria on patients who underwent right heart catheterization (RHC) at our hospital between September 1, 2019 and July 31, 2022 and who had an indication for a PH study due to unexplained dyspnea or for PAH screening in the case of SSc.

Table 1

Hemodynamic parameters of right heart catheterization with PVR between 2 and 3 WU

Disease	mPAP, mmHg	PAWP, mmHg	PVR, WU
CTED	28	12	2.7
CTED	24	14	2.8
CTED	21	6	2.1
SSc	29	14	2.8
SSc	26	13	2.9
SSc	21	7	2.4
SSc	34	14	2.6
SSc	22	11	2.1

CTED, chronic thromboembolic disease; mPAP, mean pulmonary arterial pressure; PAWP, pulmonary arterial wedge pressure; PVR, pulmonary vascular resistances; SSc, systemic sclerosis; WU, Wood units.

A total of 74 RHCs were performed as per the protocol in our hospital, and all patients gave written informed consent. According to the previous guidelines, 40 (54%) patients did not meet the criteria for PH whereas 8 (10.8%) were classified as group 1, 22 (29.7%) as group 2, and 4 (5.4%) as group 4; all of these patients retained the PH diagnosis on application of the new criteria.

The new definition impacted 18 (24.3%) patients with mPAP > 20 mmHg and PVR between 2 and 3 WU. Among these patients, 10 with postcapillary PH were reclassified as combined precapillary and postcapillary PH, 3 patients with chronic thromboembolic disease were reclassified as having chronic thromboembolic PH (group 4), and 5 patients with SSc met the criteria for PAH (group 1) (figure 1).



Figure 1. Hemodynamic reclassification of RHCs. CTEPH, chronic thromboembolic pulmonary hypertension; mPAP, mean pulmonary arterial pressure; PAH, pulmonary arterial hypertension; PVR, pulmonary vascular resistance; RHC, right heart catheterization; SSc, systemic sclerosis; WU, Wood units.

Table 1 lists the hemodynamic data for the 8 patients reclassified as group 1 and group 4 PH according to the new 2022 grading criteria.¹

In all, the disease diagnosis was changed for 8 (10.8%) of the 74 RHCs performed. The guidelines provide no specific recommendation for starting a specific drug therapy for these patients, but close follow-up is necessary to monitor for signs of progression.

In view of these results, we believe it is necessary to review the RHC results of patients with a suspicion of PH, especially in highrisk subpopulations, such as SSc, chronic thromboembolic disease, or high-risk genetic mutations.

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AUTHORS' CONTRIBUTIONS

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CONFLICTS OF INTEREST

None declared.

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Third-degree atrioventricular block associated with the SARS-CoV-2 mRNA vaccine

Bloqueo auriculoventricular de tercer grado asociado a la vacuna de ARNm contra el SARS-CoV-2

To the Editor,

More than 40 million people are vaccinated against COVID-19 in Spain.¹ Adverse reactions to the vaccine are usually insignificant and do not outweigh the benefits. In relation to cardiac adverse effects, complete heart block (CHB) was not reported in the clinical trials of COVID-19 vaccines.²

We report a case of CHB with temporal association with COVID-19 vaccine administration, which recovered with corticotherapy. Written informed consent for publication was obtained from the patient.

Six days after the first dose of SARS-CoV-2 mRNA vaccine (Pfizer-BioNtech, United States), a 49-year-old man presented to the emergency department with dizziness and dyspnea, with onset 3 days previously. Physical examination revealed bradycardia. Blood pressure was 136/60 mmHg, heart rate 40 beats/min, oxygen saturation was 100% and the patient was afebrile. Electrocardiogram (ECG) showed CHB with right bundle branch block (figure 1A). A blood test showed normal renal function, electrolytes and hemogram. C-reactive protein (CRP) was 15.7 mg/L (< 5), high-sensitivity troponin T 17 ng/L (< 13), creatine kinase 57 U/L (< 189), and N-terminal pro-B-type natriuretic peptide (NT-proBNP) 307 ng/L (< 300). Transthoracic echocardiography showed normal ejection fraction without structural heart disease.

The patient had had a nonseminomatous testicular germ cell tumor in 2003 with pulmonary metastatic disease. He was treated with orchiectomy and chemotherapy with complete remission. His previous ECG was normal.

During hospitalization, a blood test showed normal electrolyte concentration and minor CRP elevation $(15.7 \rightarrow 11.7 \text{ mg/L})$. Negative troponin $(17 \rightarrow 17 \text{ mg/L})$ and the absence of ventricle wall motion abnormalities ruled out ischemic heart block (HB). Transthoracic echocardiography and cardiac magnetic resonance (CMR), with a protocol including cine, short tau inversion recovery (STIR), T₁, T₂ mapping and late gadolinium enhancement sequences, revealed normal cardiac function and structure and absence of edema, excluding cardiomyopathies or myocarditis (figure 2). Negative immunological study (ANA, ENA) and