

Special article

Spanish Implantable Cardioverter-Defibrillator Registry. Seventh Official Report of the Spanish Society of Cardiology Working Group on Implantable Cardioverter-Defibrillators (2010)

Javier Alzueta^{a,*} and José Maria Fernández^b

^aGrupo de Trabajo de Desfibrilador Implantable, Sección de Electrofisiología y Arritmias, Sociedad Española de Cardiología, Madrid, Spain

^bHospital Puerta de Hierro, Majadahonda, Madrid, Spain

Article history:

Received 27 July 2011

Accepted 4 August 2011

Available online 2 October 2011

Keywords:

Arrhythmia

Registry

Defibrillator

ABSTRACT

Introduction and objectives: The authors summarize the findings of the Spanish Implantable Cardioverter-Defibrillator Registry for 2010 compiled by the Spanish Society of Cardiology Working Group on Implantable Cardioverter-Defibrillators.

Methods: Members of the Spanish Society of Cardiology were prospectively surveyed; data were recorded voluntarily by each implantation team on one-page questionnaires.

Results: In total, 4627 device implantations were reported, comprising 85.6% of the overall estimated number of implantations. The reported implantation rate was 100.61 per million population and the estimated total implantation rate was 117.50 per million. The proportion of first implantations was 73.87%. We collected data from 143 hospitals (9 more than in 2009). The majority of the implantable cardioverter-defibrillator implantations were performed in men (81%). The mean age was 62.5±13 years. Most of the patients had severe or moderate-to-severe ventricular dysfunction and were in New York Heart Association functional class II. Ischemic heart disease was the most frequent underlying cardiac condition, followed by dilated cardiomyopathy. The number of implantable cardioverter-defibrillator implantations indicated for primary prevention increased over the previous year and now accounts for 65.6% of first implantations. In all, 76.1% of the implantable cardioverter-defibrillator implantations were performed by cardiac electrophysiologists.

Conclusions: The 2010 Spanish Implantable Cardioverter-Defibrillator Registry includes data on almost 86% of all the implantable cardioverter-defibrillator implantations performed in Spain. Although the number has continued to increase, it still remains far lower than the European average. There has been a significant increase in the number of implantations indicated for primary prevention.

© 2011 Sociedad Española de Cardiología. Published by Elsevier España, S.L. All rights reserved.

Registro Español de Desfibrilador Automático Implantable. VII Informe Oficial del Grupo de Trabajo de Desfibrilador Automático Implantable de la Sociedad Española de Cardiología (2010)

RESUMEN

Introducción y objetivos: Se presentan los resultados del Registro Español de Desfibrilador Automático Implantable de 2010 elaborado por el Grupo de Trabajo de Desfibrilador Automático Implantable de la Sección de Electrofisiología y Arritmias de la Sociedad Española de Cardiología.

Métodos: Se envió de forma prospectiva a la Sociedad Española de Cardiología la hoja de recogida de datos cumplimentada de forma voluntaria por cada equipo implantador.

Resultados: El número de implantes comunicados fue de 4.627 (el 85,6% del total estimado de implantes). El número de implantes por millón de habitantes comunicados fue 100,6 y el estimado, 117,5. Los primoimplantes fueron el 73,87%. Se obtuvieron datos de 143 hospitales (9 más que en 2009). La mayor parte de los desfibriladores automáticos implantables se implantaron en varones (81%). La media de edad fue 62,5 ± 13 años. La mayoría de los pacientes presentaban disfunción ventricular severa o moderada a severa y estaban en clase funcional II de la *New York Heart Association*. La cardiopatía más frecuente fue la isquémica, seguida de la miocardiopatía dilatada. Las indicaciones por prevención primaria han aumentado con respecto al año previo y constituyen el 65,6% de los primoimplantes. El 76,1% de los implantes los realizaron electrofisiólogos.

Conclusiones: El Registro Español de Desfibrilador Automático Implantable de 2010 recoge información de casi el 86% de los implantes de desfibriladores automáticos implantables que se realizan en España. El

Palabras clave:

Arritmias

Registro

Desfibrilador

* Corresponding author: Unidad de Arritmias, Servicio de Cardiología, Hospital Universitario Virgen de la Victoria, Campus de Teatinos s/n, 29010 Málaga, Spain.

E-mail address: jalzueta@telefonica.net (J. Alzueta).

número de estos ha continuado aumentando, aunque sigue alejado de la media europea. Es significativo el incremento de las indicaciones por prevención primaria.

© 2011 Sociedad Española de Cardiología. Publicado por Elsevier España, S.L. Todos los derechos reservados.

Abbreviations

CRT: cardiac resynchronization therapy
ICD: implantable cardioverter-defibrillator
LVEF: left ventricular ejection fraction
NSMVT: nonsustained monomorphic ventricular tachycardia
SCD: sudden cardiac death
SEC: Spanish Society of Cardiology
SMVT: sustained monomorphic ventricular tachycardia
VF: ventricular fibrillation

INTRODUCTION

The implantable cardioverter-defibrillator (ICD) has been shown to be effective in the primary and secondary prevention of sudden cardiac death (SCD). The results of a number of published studies have made it possible to establish the main indications for ICD implantation, compiled in the clinical guidelines for the management of patients with ventricular arrhythmias or at risk for SCD.^{1,2} However, the increased use of these devices has raised questions concerning their efficacy outside the context of clinical trials, the appropriate selection of patients for ICD implantation, access to this therapy, its safety, and its cost-effectiveness.³ In this respect, given the limited information in the literature concerning these issues and the application of the clinical guidelines in unselected patient populations, health registries may prove to be highly useful.

The present report brings together data on ICD implantation from the Spanish ICD Registry for 2010. It is the result of the collaboration of most of the Spanish centers that implant these devices. Like the official reports that described the activity of the previous years,^{4–9} this report has been prepared by members of the Working Group on ICD (GTDAI) of the Electrophysiology and Arrhythmia Section (SEA) of the Spanish Society of Cardiology (SEC).

The main objective of the registry is to enable the examination of key aspects of the current use of the ICD in Spain such as indications, clinical characteristics of the patients, implantation parameters, types of devices and their programming, and procedural complications.

METHODS

The registry data were obtained from a data collection form that is available at the SEC web page (<http://www.secardiologia.es/images/stories/file/arritmias/registros-arritmias-hoja-datos-dai.pdf>). The form was completed directly and voluntarily by each implantation team, with the collaboration of personnel from the manufacturer of the ICD, during or after implantation of the device and was sent by fax or e-mail to the SEC.

The information was entered into the Spanish ICD Registry by a person engaged for that purpose, with the aid of a computer specialist from the SEC and a member of the GTDAI, who were also in charge of data cleaning. The authors of this article were

responsible for data analysis and the preparation of this manuscript.

The census data used to calculate the rates per million population, for the country as a whole and for each autonomous community and province, were obtained from the estimates reported by the Spanish National Institute of Statistics for the period up to 1 January 2010.¹⁰ For the populations of the European countries included, the figures of the U.S. Census Bureau were employed.¹¹

To estimate the representativeness of the registry, we calculated the proportion of implantations and replacement procedures reported in relation to the total number of implantations and replacement procedures performed in Spain in 2010. This number was based on the data for that year provided to the European Medical Technology Industry Association (EUROMED) by the commercial ICD suppliers in Spain.¹²

When more than one type of medical condition or clinical arrhythmia was reported for the same patient, only the most serious condition was included in the analysis.

The percentages for each of the variables analyzed were calculated on the basis of the total number of implantations for which information on that variable was available.

Statistical Analysis

The numerical results are expressed as the mean \pm standard deviation or median [interquartile range], depending on the distribution of the values of the variable. The comparison of the continuous quantitative variables was performed using ANOVA or the Kruskal-Wallis test. The qualitative variables were compared by means of the χ^2 test. The relationships between the number of implantations and the number of implantation centers per million population and between the total number of implantations and the number of implantations for primary prevention in each center were assessed using linear regression analysis. The statistical significance of the progressive increase in the proportion of ICD implantations indicated for primary versus secondary prevention was also analyzed.

RESULTS

The response rate for the different items in the data collection form ranged between 57.6% (functional status of the original electrodes in the case of replacements) and 99% (name of implantation center), although for most of the items the response rate was higher than 80%.

Implantation Centers

In all, 145 centers in which ICD implantation was performed made their data available to the registry (9 more than in 2009) (Table 1). Of these, 86 were public hospitals or clinics (6 more than in 2009). Figure 1 shows the total number of ICD implantation centers in each Spanish autonomous community and the number of implantations per million population performed in those centers that provided data to the registry in 2010.

Total Number of Implantations

In all, 4627 implantations (first implantations and replacements) were included in the registry for 2010. This represents 85.6% of the total of 5404 ICD implantations that, according to EUCOMED data, were performed that year in Spain. [Figure 2](#) shows the total number of implantations reported to the registry and the

overall number performed, as estimated by EUCOMED, for each of the last 8 years.

The total number of ICD implantations per million population reported to the registry in 2010 was 100. According to EUCOMED data, the overall number of implantations performed per million population was 117. [Figure 3](#) indicates the increase in the number of implantations per million population reported to the registry

Table 1

Number of Implantations Reported to the Registry in 2010, Classified According to Autonomous Community, Province, and Center

Andalusia		Implantations, no.
Almeria	Hospital Torrecárdenas	15
Cadiz	Hospital Universitario Puerta del Mar	34
Cordoba	Hospital Cruz Roja	2
	Hospital Reina Sofia	47
Granada	Hospital Nuestra Sra. de la Salud	1
	Hospital Clínico Universitario San Cecilio	11
	Hospital Universitario Virgen de las Nieves	94
Huelva	Hospital Juan Ramón Jiménez	46
Malaga	Clínica de la Encarnación	2
	Clínica El Ángel	2
	Clínica Parque San Antonio	7
	Clínica Santa Elena	1
	Hospital General	2
	Hospital Internacional Xanit	5
	Hospital USP de Marbella	3
	Hospital Virgen de la Victoria	198
Seville	Clínica de Fátima	1
	Clínica Sagrado Corazón, S.A.	1
	Clínica Santa Isabel	2
	Hospital Infanta Luisa (Clínica Esperanza de Triana)	2
	Hospital Nisa Aljarafe	1
	Hospital Nuestra Sra. de Valme	46
	Hospital San Agustín	1
	Hospital Virgen del Rocío	67
	Hospital Virgen Macarena	63
Aragon		
Zaragoza	Hospital Universitario Lozano Blesa	42
	Hospital Miguel Servet	109
	Hospital Quirón	3
Principality of Asturias		
Oviedo	Hospital Begoña de Gijón	1
	Hospital Central de Asturias	159
Canary Islands		
Las Palmas	Clínica Santa Catalina, S.A.	1
	Hospital Doctor Negrín	40
	Hospital Insular de Gran Canaria	49
Tenerife	Clínica Santa Cruz	2
	Hospital Nuestra Sra. de La Candelaria	48
	Hospital Universitario de Canarias	84
	USP Hospital La Colina	1
Cantabria		
Santander	Hospital Universitario Marqués de Valdecilla	73
Castile and León		
Avila	Hospital Nuestra Sra. de Sonsoles	22
Burgos	Hospital General Yagüe	53
Leon	Hospital de León	36
Salamanca	Complejo Hospitalario de Salamanca	65
Segovia	Hospital Policlínico	2
Valladolid	Hospital Campo Grande	5
	Hospital Clínico Universitario de Valladolid	84
	Hospital del Río Hortega	19
Castile-La Mancha		
Albacete	Clínica Recoletas	1
	Hospital General de Albacete	29
Ciudad Real	Hospital General de Ciudad Real	21
Guadalajara	Hospital General y Universitario de Guadalajara	29
Toledo	Complejo Hospitalario de Toledo	8
	Hospital Nuestra Sra. del Prado	9
	Hospital Virgen de la Salud	69

Table 1

Number of Implantations Reported to the Registry in 2010, Classified According to Autonomous Community, Province, and Center (continued)

Catalonia		
Barcelona	Centre Cardiovascular Sant Jordi	11
	Centro Médico Teknon	2
	Centro Delfos	1
	Clínica Pilar Sant Jordi	5
	Clínica Quirón	14
	Clínica Sagrada Família	1
	Fundació de G.S. de l'Hospital de la Santa Creu i Sant Pau	137
	Hospital Clínic de Barcelona	193
	Hospital de Barcelona	2
	Hospital de Bellvitge	88
	Hospital del Mar	11
	Hospital Germans Trias i Pujol	45
	Hospital Mútua de Terrassa	1
	Hospital Sant Joan de Déu	3
	Hospital Vall d'Hebron	95
Lleida	Hospital Universitario Arnau de Vilanova	19
Tarragona	Hospital de Sant Pau i Santa Tecla	2
	Hospital Universitario de Tarragona Joan XXIII	12
La Rioja		
La Rioja	Hospital San Pedro	11
Valencian Community		
Alicante	Clínica Benidorm	7
	Hospital Clínico San Juan	21
	Hospital de Torrevieja	35
	Hospital del Vinalopó	3
	Hospital General Universitario de Alicante	142
Castellon	Sanatorio Perpetuo Socorro	1
	Hospital de la Plana	7
	Hospital General de Castelló	47
Valencia	Hospital Rey Don Jaime	1
	Grupo Hospitalario Quirón, S.A.	3
	Hospital Casa de Salud	1
	Hospital Clínico Universitario de Valencia	74
	Hospital de Manises	9
	Hospital General Universitario de Valencia	72
	Hospital Lluís Alcanyis	11
	Hospital Universitario Dr. Peset	33
	Hospital Universitario La Fe	138
Extremadura		
Badajoz	Clínica de Badajóz (Clideba)	4
	Hospital de Mérida	3
Caceres	Hospital Infanta Cristina	69
	Clínica San Francisco	4
	Complejo Hospitalario de Cáceres	1
	Hospital San Pedro de Alcántara	16
Galicia		
A Coruña	Clínica La Rosaleda	3
	Complejo Hospitalario Universitario A Coruña	126
	Complejo Hospitalario Universitario de Santiago	69
	Hospital Clínico de Santiago de Compostela	3
Pontevedra	Complejo Hospitalario Universitario de Vigo (CHUVI)	26
	Hospital do Meixoeiro	2
	Hospital Miguel Domínguez	2
Balearic Islands		
Balears	Clínica Juaneda	5
	Clínica Rotger Sanitaria Balear, S.A.	3
	Hospital Son Dureta (ahora Hospital Son Espases)	60
	Hospital Son Llàtzer	27
	Policlínica Miramar (AMEBA, S.A.)	1
	Hospital Universitari Son Espases	1
Community of Madrid		
	Clínica de San Camilo	2
	Clínica La Luz	5
	Clínica Nuestra Sra. de América	11
	Clínica Puerta de Hierro	169
	Clínica Ruber	2
	Fundación Hospital Alcorcón	12
	Fundación Jiménez Díaz. Clínica Nuestra Sra. de la Concepción	37
	Hospital 12 de Octubre	91
	Hospital Central de la Defensa	8
	Hospital Clínico San Carlos	107
	Hospital de Fuenlabrada	12
	Hospital de Madrid	4

Table 1Number of Implantations Reported to the Registry in 2010, Classified According to Autonomous Community, Province, and Center (*continued*)

Community of Madrid		
	Hospital de Madrid-Montepíncipe	3
	Hospital General Universitario Gregorio Marañón	112
	Hospital Infanta Elena	4
	Hospital Madrid Norte Sanchinarro	5
	Hospital Quirón Madrid	7
	Hospital Ramón y Cajal	81
	Hospital Ruber Internacional	3
	Hospital San Rafael	1
	Hospital Sanitas La Moraleja	1
	Hospital Severo Ochoa	13
	Hospital Universitario de Getafe	17
	Hospital Universitario La Paz	84
	Hospital Virgen de la Paloma	1
	Sanatorio Nuestra Sra. del Rosario	1
	Sanatorio San Francisco de Asís	2
Region of Murcia		
	Hospital Rafael Méndez	15
	Hospital Universitario Virgen de la Arrixaca	94
Chartered Community of Navarre		
	Clínica Universitaria de Navarra	87
	Hospital de Navarra	24
Basque Country		
Alava	Hospital Txagorritxu	64
Vizcaya	Clínica Vicente San Sebastián	2
	Hospital de Basurto	47
	Hospital de Cruces	51
	Hospital de Galdakao-Usansolo	2

and in that estimated by the EUCOMED for the last 8 years. Table 1 shows the number of implantations reported to the registry by each implantation center in 2010. Figure 4 indicates the number of implantations performed in each Spanish autonomous community and reported to the registry in that year, and the number reported per million population. Table 2 shows the number of implantations reported to the registry according to the province and autonomous community in which the patient resided and the number per million population. Most of the implantations reported were

performed in public hospitals and clinics (n=4287), a figure that represents 93.5% of those included in the registry for which data on the implantation center were available.

First Implantations Versus Replacements

This information was available in 4344 of the forms sent to the SEC (93.8%). There were 3209 first implantations, which represent

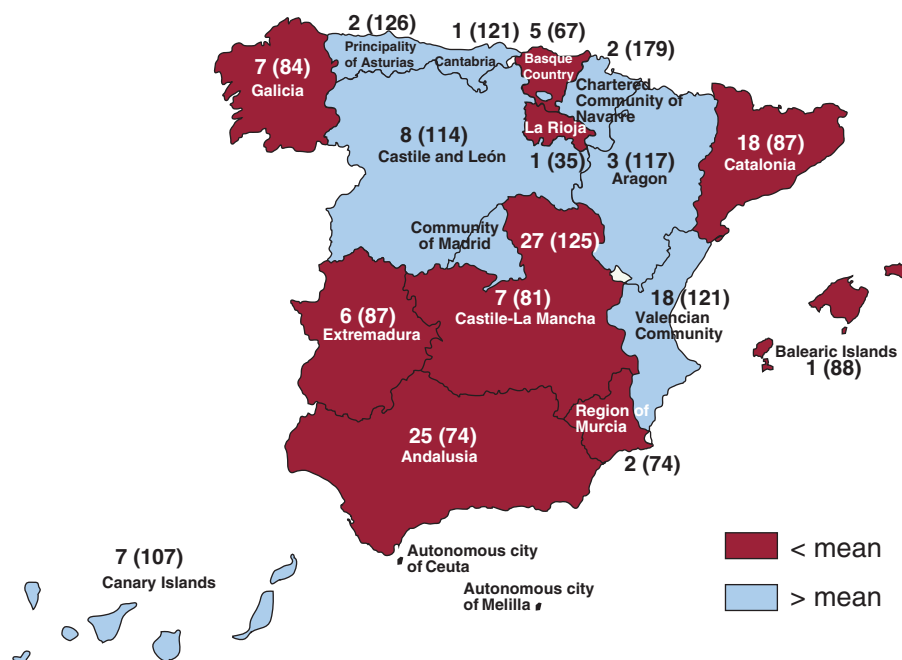


Figure 1. Number of implantation centers (rate per million population) in each Spanish autonomous community in 2010.

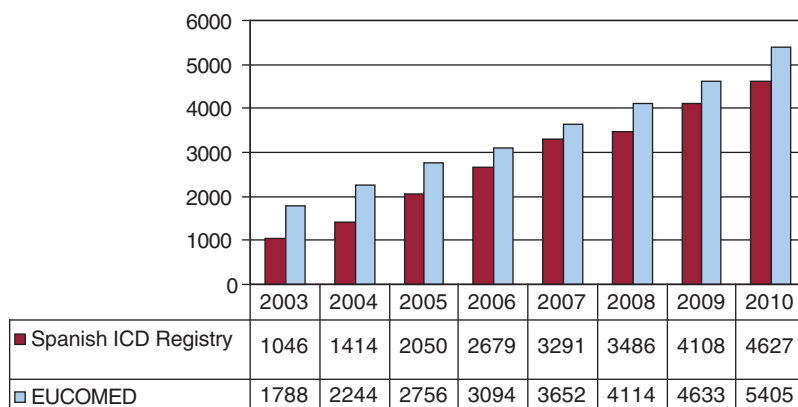


Figure 2. Total number of implantations reported to the registry and that estimated by the European Medical Technology Industry Association from 2003 to 2010. EUCOMED, European Medical Technology Industry Association; ICD, implantable cardioverter-defibrillator.

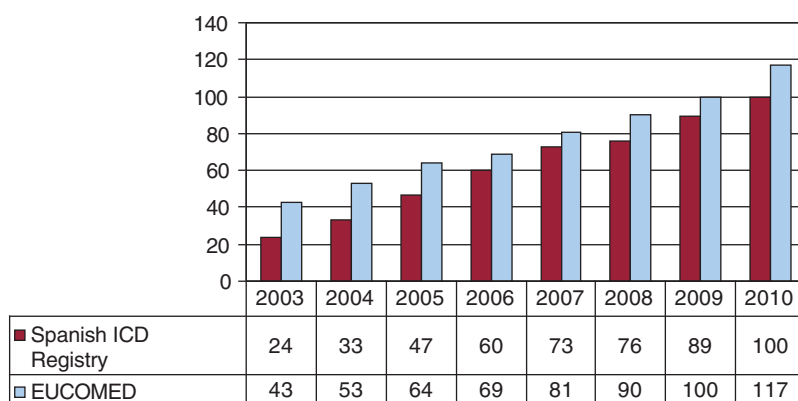


Figure 3. Total number of implantations per million population reported to the registry and that estimated by the European Medical Technology Industry Association from 2003 to 2010. EUCOMED, European Medical Technology Industry Association; ICD, implantable cardioverter-defibrillator.

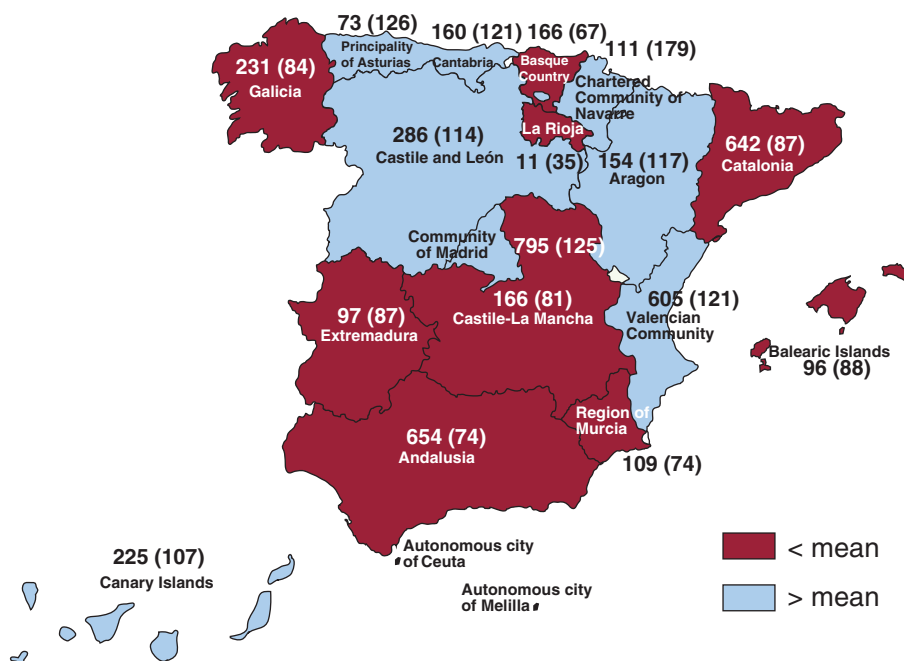


Figure 4. Number of implantations reported to the registry and rate per million population in each Spanish autonomous community in 2010.

Table 2

Number of Implantable Cardioverter-Defibrillator Recipients and Number of Implantations per Million Population Reported to the Registry in 2010, According to Autonomous Community and Province

Community	Province	Patients, no.	Rate per million population
Andalusia			74
	Almeria	15	
	Cadiz	34	
	Cordoba	48	
	Granada	116	
	Huelva	46	
	Malaga	220	
	Seville	184	
Aragon	Zaragoza	154	117
Principality of Asturias	Asturias	160	126
Canary Islands			107
	Las Palmas	90	
	Tenerife	135	
Cantabria	Cantabria	73	121
Castile and León			114
	Avila	22	
	Burgos	53	
	Leon	36	
	Salamanca	65	
	Segovia	2	
	Valladolid	108	
Castile-La Mancha			81
	Albacete	30	
	Ciudad Real	21	
	Guadalajara	29	
	Toledo	86	
Catalonia			87
	Barcelona	609	
	Lleida	19	
	Tarragona	14	
La Rioja	La Rioja	11	35
Valencian Community			121
	Alicante	209	
	Castellon	55	
	Valencia	341	
Extremadura			87
	Badajoz	76	
	Caceres	21	
Galicia			84
	A Coruña	201	
	Pontevedra	30	
Balearic Islands	Baleares	96	88
Community of Madrid	Madrid	795	125
Region of Murcia			74
	Murcia	109	
Chartered Community of Navarre			179
	Navarre	111	
Basque Country			67
	Alava	64	
	Vizcaya	102	
Not reported		45	
Total		4627	

73.8% of all the implantations reported to the registry. According to the registry, there were 69.7 first implantations per million population. The number of replacement procedures performed was 1135 (26.12%).

Age and Sex

The mean age \pm standard deviation of the patients who underwent ICD implantation or replacement was 62.5 ± 13.4 years (range, 11 years to 89 years). That of the patients receiving a first implantation was 61.7 ± 13.6 years. The majority of the implantations were performed in men, who accounted for 81.9% of all the implantations and 81.8% of the first implantations.

Underlying Heart Disease, Left Ventricular Ejection Fraction, Functional Class, and Baseline Rhythms

The most common underlying condition was ischemic heart disease (53.6%), followed by dilated cardiomyopathy (27.6%), hypertrophic cardiomyopathy (6.7%), and primary conduction defects (Brugada syndrome, ventricular fibrillation [VF], and long QT syndrome) (6.4%), with lower percentages of valvular heart disease and arrhythmogenic right ventricular cardiomyopathy (Fig. 5).

Regarding left ventricular function, 49.9% of the patients who received a first ICD had a left ventricular ejection fraction (LVEF) less than 30% and 28.5% had a LVEF between 30% and 39%, while the smallest group was that formed by patients having mild dysfunction, with a LVEF between 39% and 50%. Similar proportions were found for the implantation group as a whole (Fig. 6).

With respect to the New York Heart Association (NYHA) functional class, the largest group was formed by the patients in NYHA class II (40.4%), followed by the patients in NYHA classes III and I (28.9% and 29.1%, respectively), whereas there were very few patients in NYHA class IV. There were no marked differences between the patients receiving a first ICD and the overall group (Fig. 7).

Regarding the baseline rhythm of the patients included in the registry, an item for which the response rate was 81.9%, the majority were in sinus rhythm (77.7%), 16.4% had atrial fibrillation, 4.7% had paced rhythm, and the remainder, other rhythms (atrial flutter or other arrhythmias).

Clinical Arrhythmia Requiring Implantable Cardioverter-Defibrillator Placement, Form of Presentation, and Laboratory-Induced Arrhythmia

This information was available in 74.6% of the forms sent to the registry. Among the recipients of a first ICD, more than half (52.9%) had no documented clinical arrhythmia. This subgroup was followed in frequency by those of the patients with sustained monomorphic ventricular tachycardia (SMVT) and with nonsustained monomorphic ventricular tachycardia (NSMVT) (19.6% and 11%, respectively). In the overall implantation group, 47% of the patients had no documented arrhythmia. Statistically significant differences were observed between the first implantation group and the overall group in terms of the type of arrhythmia ($P < .001$), and the proportion of patients without arrhythmias was greater in the first implantation group and smaller in the SMVT group, whereas there were no significant differences ($P = .07$) in the NSMVT group (Fig. 8).

The most common clinical presentation in both the overall group and the first implantation group was the absence of symptoms, followed by "other symptoms" and syncope. There were no statistically significant differences ($P > .03$) between the first implantation group and the overall group (Fig. 9).

Information on whether or not an electrophysiological study had been performed was available for 2489 recipients of a first ICD (78.1%). The study had been carried out in 340 of these patients (13% of those for whom a response to the item concerning this

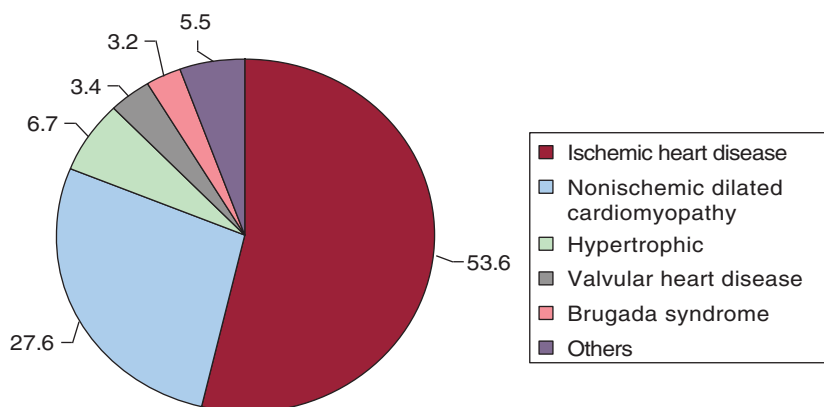


Figure 5. Type of heart disease that indicated the need for device implantation (total number of implantations). The data are expressed as %.

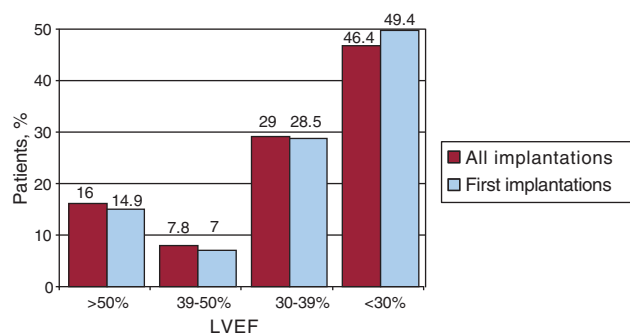


Figure 6. Left ventricular ejection fraction of the patients in the registry (first implantations and all implantations). LVEF, left ventricular ejection fraction. The data are expressed as %.

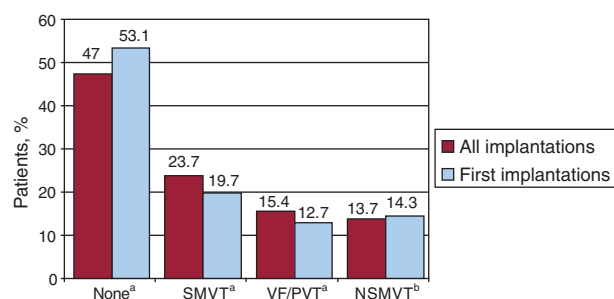


Figure 8. Arrhythmia that indicated the need for implantation (first implantations and all implantations). NSMVT, nonsustained monomorphic ventricular tachycardia; SMVT, sustained monomorphic ventricular tachycardia; VF/PVT, ventricular fibrillation/polymorphic ventricular tachycardia. ^a $P < .001$; ^b $P = .07$.

study had been provided). SMVT was the arrhythmia most frequently induced (49.8%), followed by VF/polymorphic ventricular tachycardia (3%). No arrhythmia was induced in 19.6% of the studies. These had been carried out mostly in patients with ischemic heart disease or dilated cardiomyopathy.

Indications

Table 3 shows the changes in the types of heart disease, clinical arrhythmia, and presentation associated with implantation of a

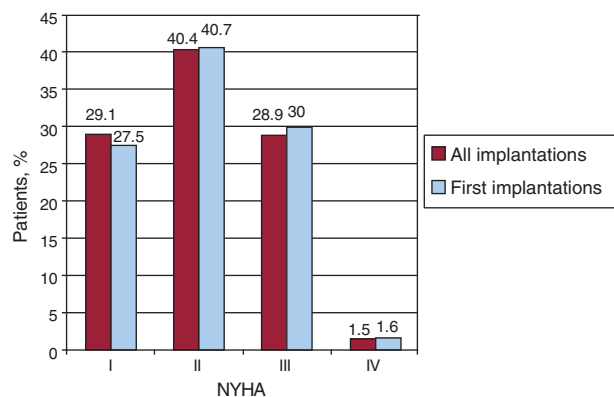


Figure 7. New York Heart Association functional class of the patients in the registry (first implantations and all implantations). The data are expressed as %. NYHA, New York Heart Association.

first ICD from 2007 to 2010. In most cases, the ICD was indicated for primary prevention (59.8%). The number of ICD implantations indicated for primary prevention continued to increase, as it has since 2003, year in which they accounted for 29%. These changes were statistically significant ($P < .001$) for all the series of data reported in the registry, with the exception of the findings in 2008 and 2009, when there were only slight decreases.⁹

The patients with ischemic heart disease constituted the largest subpopulation. In this group, ICD therapy was indicated predominantly for primary prevention (58.5%), with a slight increase with respect to 2009, when it was indicated in 56.4% of the patients.⁹ In 31.4% of the implantations performed for primary prevention, ICD therapy was combined with cardiac resynchronization therapy (CRT). This percentage was very similar to the

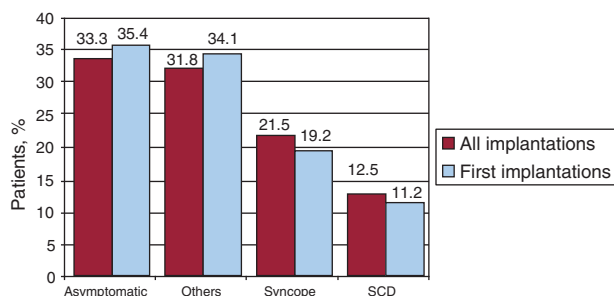


Figure 9. Clinical presentation of arrhythmia in patients in the registry (first implantations and all implantations). The data are expressed as %. SCD, sudden cardiac death.

Table 3

Number of First Implantations Reported Between 2007 and 2010 According to Type of Heart Disease, Clinical Arrhythmia, and Presentation

	2007	2008	2009	2010
<i>Ischemic heart disease</i>				
Aborted SCD	113 (9.3)	93 (7.5)	111 (7.9)	154 (10.0)
SMVT associated with syncope	125 (10.3)	126 (10.2)	117 (8.4)	132 (8.6)
SMVT without syncope	207 (17)	176 (14.3)	201 (14.4)	317 (20.7)
Syncope without arrhythmia	172 (14.1)	138 (11.2)	121 (8.7)	68 (4.4)
Prophylactic indication	509 (41.8)	607 (49.3)	637 (45.9)	642 (42.0)
Not reported/unclassifiable	92 (7.5)	92 (7.5)	202 (14.5)	212 (13.9)
Subtotal	1218	1231	1389	1525
<i>Dilated cardiomyopathy</i>				
Aborted SCD	29 (4.8)	38 (6.6)	53 (5.5)	49 (6)
SMVT associated with syncope	48 (7.9)	33 (5.7)	61 (6.4)	58 (7.1)
SMVT without syncope	49 (8.1)	43 (7.4)	69 (7.2)	136 (16.8)
Syncope without arrhythmia	81 (13.4)	74 (12.8)	102 (10.7)	34 (4.2)
Prophylactic indication	334 (55.2)	337 (58.3)	440 (46.1)	393 (48.7)
Not reported/unclassifiable	64 (10.6)	53 (9.2)	228 (23.9)	136 (16.8)
Subtotal	605	578	953	806
<i>Valvular heart disease</i>				
Aborted SCD	12 (11.8)	11 (12.5)	8 (9.3)	9 (8.3)
SMVT	17 (26.5)	25 (28.4)	27 (31.3)	29 (26.8)
Syncope without arrhythmia	11 (10.8)	8 (9.1)	8 (9.3)	4 (3.7)
Prophylactic indication in LVD	49 (48)	39 (44.3)	28 (23.5)	50 (46.2)
Not reported/unclassifiable	3 (2.9)	5 (5.7)	15 (17.4)	16 (14.8)
Subtotal	102	88	86	108
<i>Hypertrophic cardiomyopathy</i>				
Secondary prevention	19 (18.6)	29 (19.9)	24 (14.9)	90 (54.5)
Prophylactic implantation	77 (75.5)	99 (67.8)	97 (60.2)	53 (32.1)
Not reported/unclassifiable	6 (5.9)	18 (12.3)	40 (24.8)	22 (13.2)
Subtotal	102	146	161	165
<i>Brugada syndrome</i>				
Aborted SCD	5 (6.9)	7 (10.4)	11 (8.4)	17 (24.6)
Prophylactic implantation in syncope	20 (27.9)	27 (40.4)	36 (27.6)	18 (26.0)
Prophylactic implantation without syncope	41 (56.9)	28 (41.2)	52 (40)	23 (33.3)
Not reported/unclassifiable	6 (8.3)	5 (7.8)	31 (23.8)	11 (15.9)
Subtotal	72	67	130	69
<i>ARVC</i>				
Aborted SCD	1 (3.7)	2 (6.9)	1 (3.8)	4 (15.9)
SMVT	13 (48.2)	12 (41.4)	16 (61.2)	23 (71.8)
Prophylactic implantation	11 (40.7)	12 (41.4)	5 (19.2)	4 (12.5)
Not reported/unclassifiable	2 (7.4)	3 (10.3)	4 (15.3)	1 (3.1)
Subtotal	27	29	26	32
<i>Congenital heart disease</i>				
Aborted SCD	2 (16.7)	2 (11.1)	4 (19)	3 (8.1)
SMVT	2 (16.7)	5 (27.8)	1 (4.7)	15 (40.5)
Prophylactic implantation	4 (33.3)	10 (55.6)	9 (42.8)	16 (43.2)
Not reported/unclassifiable	4 (33.3)	1 (5.5)	7 (33.3)	3 (8.1)
Subtotal	12	18	21	37
<i>Long QT syndrome</i>				
Aborted SCD	14 (46.7)	3 (15.8)	9 (50)	18 (60)
Prophylactic implantation	16 (53.3)	16 (84.2)	3 (16.6)	6 (20)
Not reported/unclassifiable	0	0	6 (33.3)	6 (20)
Subtotal	30	19	18	30

ARVC, arrhythmogenic right ventricular cardiomyopathy; LVD, left ventricular dysfunction; SCD, sudden cardiac death; SMVT, sustained monomorphic ventricular tachycardia. The data are expressed as no. (%).

31.77% of the previous year.⁹ The next most frequent indication for ICD implantation was dilated cardiomyopathy and, again, in this group, it was mainly indicated for primary prevention (in 72.8% of the patients with this type of heart disease, compared to 69.4% in 2009).⁹ CRT was employed in 62.1% of these patients (compared to 56.2% in 2009).

With respect to less frequent types of heart disease, ICD therapy was predominantly indicated for primary prevention in hypertrophic cardiomyopathy, valvular heart disease and Brugada syndrome. In long QT syndrome, arrhythmogenic right ventricular cardiomyopathy and congenital heart disease, ICD implantation was more commonly indicated for secondary prevention.

There is a slight correlation between the total number of implantations in a given center and the percentage performed for primary prevention ($r^2=0.25$; $P=.05$).

Table 4 shows the changes in the percentage rates of the indications related to the principal types of heart disease during the last 8 years.

Implantation Center and Attending Specialist

Data on the center and specialist were available in 91.2% and 89.5%, respectively, of the ICD implantations reported to the

Table 4

Changes in the Major Indications for Implantable Cardioverter-Defibrillator Placement (First Implantations, 2003 to 2010)

Year	SCD	SMVT	Syncope	Prophylactic
2003	13.7	42.8	14	29
2004	14.8	37	16	32.2
2005	11.1	34.8	14.6	39.5
2006	9.5	27	13.2	50.3
2007	9.9	25	14.1	50.7
2008	9.3	21.4	12.3	57
2009	9.4	20.8	13.9	55.9
2010	10.9	20.6	11.1	57.1

SCD, sudden cardiac death; SMVT, sustained monomorphic ventricular tachycardia; syncope, syncope with no electrocardiographic documentation of arrhythmia. The data are expressed in %.

registry. In all, 70.3% of the implantations were carried out in the electrophysiology laboratory, indicating a slight increase with respect to 2009 (67%), and the remainder (29.6%) in the operating room. There are no reports of implantations performed elsewhere.

The intervention was carried out by electrophysiologists in 76.1% of the cases (72.2% in 2009), by surgeons in 17.7% (19.5% in 2009), and by other specialists in 5.1%.

Generator Position

The generator was implanted in subcutaneous pectoral position in 91.8% of the patients, in subpectoral position in 8.59%, and in abdominal position in 0.2%. In first ICD implantations, these proportions were 93.85%, 6.07%, and 0.07%, respectively. Seven replacements and 2 first ICD were placed in the abdomen.

Device Type

We have information on the type of device that was implanted in 89.8% of the cases. Single-chamber ICD, dual-chamber ICD and ICD-CRT devices were employed in 50.3%, 20.2%, and 28.2% of the patients, respectively. These utilization rates were 52.1%, 21.34%, and 26.52%, respectively, in 2009. When only first implants were taken into account, the rates were 51.1%, 20%, and 27.8%, respectively, and did not differ significantly with respect to the rates for first implants in 2009 (55.6%, 19.1%, and 25.2%, respectively). According to the data provided by the EUCOMED for 2010, the overall utilization rates of single-chamber ICD, dual-chamber ICD, and ICD-CRT devices were 48.9%, 16.2%, and 31.8%, respectively.

Reasons for Device Replacement. Need for Lead Changes at the Time of Generator Replacements and Use of Additional Leads

Information on the reason for ICD replacement is available in 1147 cases (73.8%). Of these, the cause was battery depletion in 787 (86.0%) and in the remainder (14.5%) replacement was performed due to complications. Of the 121 cases of early replacement, 17.8% were carried out within the first 6 months following implantation.

Of the 1135 reports of ICD replacements, we have information on the status of the leads in 847 cases, and 123 of them (14.5%) were nonfunctioning. Lead extraction was performed in 40.9% of the cases in which this information was available.

Implantable Cardioverter-Defibrillator Programming

Regarding this aspect, we have information concerning 90.5% of the implantations. Antibradycardia pacing was most frequently

programmed for VVI mode (50%), followed by DDD mode (25.5%), VVIR mode (10.3%), DDDR mode (9.9%), and other modes (4.9%), generally aimed at reducing ventricular pacing in dual-chamber devices (4.9%).

Using antitachycardia pacing algorithms, the device was programmed for ventricular pacing in 75.4% of the cases, for atrial pacing in 0.1%, and for a combination of ventricular and atrial pacing in 5.5%. Antitachycardia pacing was not programmed in 6.5%.

In 264 devices (6.6% of those in which information on programming for cardioversion was available), both atrial and ventricular cardioversion therapies were programmed.

Complications

The registry includes the reports of 6 deaths occurring during implantation, constituting 0.13% of the registry population (0.12% in 2009). The remaining complications were 5 cases of pneumothorax, 2 cases of tamponade, and another 14 cases due to a variety of causes or of unspecified origin.

DISCUSSION

The 2010 ICD registry continues to maintain acceptable representativeness, including more than 84.5% of all the implantations performed (85.6% in 2010). The data are a good reflection of the current situation in Spain in terms of the number of implantations, location and distribution according to communities, types of devices, indications, clinical characteristics of the patients, programming, and complications.

Comparison With Previous Years

With respect to recent years, in 2010 there was a renewed upward trend in the number of ICD implantations performed for primary prevention, which had appeared to reach a standstill last year.

The most common cause in first ICD implantations was ischemic heart disease (53%; 51% in 2009),⁹ followed by dilated cardiomyopathy (27.6%; 26% in 2009). These were the indications in the great majority of the ICD-CRT implantations (83.3%).

In the last 9 years, there has been a progressive increase in the use of ICD implantation for primary prevention, linked to the publication of different clinical trials that provide further clinical evidence of the beneficial effects of this type of therapy. The Multicenter Automatic Defibrillator Implantation Trial II (MADIT II),¹³ published in 2002, revealed a significant increase in the number of implantations documented between 2002 and 2003. The results of the Comparison of Medical Therapy, Pacing and Defibrillation in Heart Failure (COMPANION)¹⁴ and the Sudden Cardiac Death in Heart Failure Trial (SCD-HeFT),¹⁵ between 2005 and 2006, confirmed previously published data and lent support to the use of this therapy, with or without CRT, in patients with heart failure.

At this time, the 2.6% increase in ICD-CRT implantation may have been promoted by the publication in 2009 of the Multicenter Automatic Defibrillator Implantation Trial with Cardiac Resynchronization Therapy,¹⁶ which included patients in NYHA classes I and II.

The number of ICD implantations reported in 2010, 4627, has increased with respect to 2009, although the proportion is somewhat lower (85.4% in 2010 and 88.6% in 2009), as compared with the 5404 carried out according to EUCOMED data. This difference between the number of implantations reported to the registry and the EUCOMED data has continued to maintain similar

proportions over time. The number of implantation centers increased to 145 (9 more than in 2009); it should be pointed out that 70 of them reported fewer than 10 implantations and of these, 23 centers implanted only 1 device. We have 11 centers with more than 100 implantations a year. We observed no correlation between the number of implantations per hospital and the proportion that involved CRT ($r^2=0.27$); however, there is a correlation between the number of implantations and the proportion that are indicated for primary prevention ($r^2=0.25$; $P=.05$).

There have been no significant changes in terms of the epidemiological characteristics of the patients, and the data remained similar regarding age and sex. There continued to be a majority of patients with severe ventricular dysfunction and those in NYHA classes II and III.

With regard to the type of device, we observed a slight increase in the proportion of ICD-CRT implantations (27.8% in 2010 versus 25.2% in 2009) among the patients undergoing the procedure for the first time.

With respect to the setting and the attending specialist, there was a slight increase in the number of implantations carried out in arrhythmia units and in those performed by electrophysiologists with respect to 2009.

Comparison With Other Countries

The EUCOMED data provide information on the number of implantations and the pacing mode in European countries. The mean number of ICD and ICD-CRT implantations in Europe was 258 per million population. Germany, with 464 implantations per million population, continued to be the country with the highest implantation rate, and Spain, with 116, once more was in last place among the countries that contribute data to the EUCOMED. Above average rates were found for Italy ($n=347$), The Netherlands ($n=335$), and Denmark ($n=283$). Below average rates were reported in Austria ($n=239$), Belgium ($n=210$), Ireland ($n=179$), Sweden ($n=170$), Switzerland ($n=168$), Finland ($n=167$), France ($n=166$), Norway ($n=166$), United Kingdom ($n=158$), Portugal ($n=118$), and Spain ($n=116$).

With respect to the number of ICD-CRT implantations per million population, the leaders were Italy ($n=194$), Germany ($n=178$), and The Netherlands ($n=167$). With a mean rate for all the participating countries of 100 implantations per million population, Spain was in last place with 38, although this was an increase with respect to 2009 (32 per million population).

The rate of ICD implantations per million population in Spain was the lowest of all the countries of the EUCOMED; this cannot be attributed to economic differences and is probably due to some aspect of the health system organization or the health culture in Spain. The comparison with Italy—a country with a comparable per capita income that shares the same Mediterranean cultural environment but nevertheless has the second highest implantation rate and the highest rate of ICD-CRT implantations—highlights these differences.

Differences Between Autonomous Communities

As in previous registries, the rates of ICD implantation differ widely from one autonomous community to another. The mean rate reported in our registry is 100 implantations per million population, 117 per million population according to EUCOMED data. Above average rates are found in Chartered Community of Navarre ($n=179$), Principality of Asturias ($n=151.2$), Cantabria ($n=126.3$), the Community of Madrid ($n=125.5$), the Valencian Community ($n=121.1$), Aragon ($n=117.3$), Castile and León

($n=114.4$), and the Canary Islands ($n=107.7$). Below average rates were reported for Extremadura ($n=89.5$), the Balearic Islands ($n=88.9$), Catalonia ($n=87.9$), Galicia ($n=84.3$), Castile-La Mancha ($n=81.5$), Andalusia ($n=79.7$), the Basque Country ($n=77.6$), the Region of Murcia ($n=74.6$), and La Rioja ($n=35$). The differences observed in previous years persist and there is no evidence that the trend could change in the future. These wide differences between communities cannot be attributed to economic factors or even to aspects of health organization, since access to this type of treatment is universal and free of cost in Spain. The differences can be attributed, in part, to the number and level of development of the arrhythmia units in the different autonomous communities.

On the other hand, these differences also exist among the geographical regions of other countries.^{17–19} A number of reasons for this circumstance have been proposed, such as the degree of inaccessibility to the healthcare system, the social perception of sudden death, the incidence of sudden death and of ischemic heart disease in the general population, the degree of acceptance of the results of clinical trials and of clinical practice guidelines, the level of education of the population, the shortage of electrophysiologists, and evidently, causes related to the economic situation and the healthcare model currently prevailing in the country.

Limitations

The number of implantations reported to the registry constitutes nearly 86% of those performed in Spain, according to data afforded by the EUCOMED. This figure is lower than the 90% reached in 2007, although it can be considered to be fairly representative of the true situation in Spain. On the other hand, the information provided on the data collection form was incomplete and the response rate to some of the questions was low. These two circumstances should be taken into account when it comes to interpreting the results of the registry, especially with respect to the differences in the numbers of implantations performed in each autonomous community since, as in previous years, the proportion of these procedures reported by some hospitals that are highly active in implantation was low. Nevertheless, the number of centers in which this occurred is small.

Finally, only those complications that arose during implantation were reported and, thus, those that developed or were detected soon after, such as heart failure, hematomas, lead displacement, and pneumothorax, are not included.

Future Prospects for the Spanish Implantable Cardioverter-Defibrillator Registry

Since the end of 2010, a fellow from the SEA of the SEC has been in charge of the maintenance of the registry data. At the beginning of 2011, the ICD registry data collection form was modified in order to modernize the items and make them more relevant, and additional items were added to provide more information to the registry. These factors will help to improve the Spanish ICD Registry.

The next step will be to undertake changes in the registry that include direct online completion of the data collection form, together with direct access of each center to its own data and the results of the analysis of these data. It would also be useful to include the most basic and, at the same time, most relevant aspects for a longitudinal evaluation of the outcomes, such as mortality, therapies during patient follow-up, and complications, that would be facilitated by online access. This has been shown to be possible in certain registries, like the Ontario ICD Database,²⁰ and has recently been implemented, although only in part, in the Get With the Guidelines-Heart Failure Registry in the United States²¹ and

the national survey on heart rhythm devices in the United Kingdom.²²

CONCLUSIONS

The 2010 Spanish National ICD Registry has recorded 85.6% of the ICD implantations performed in Spain and continues to be representative of the use of and indications for this therapy in our country. The number of implantations reported to the registry has continued to increase, reaching a rate of 100 implantations per million population. There has been a significant increase in the number of ICD implantations for primary prevention, which constitute 59.8% of all the first implantations performed. As in previous years, the number of implantations in Spain continues to be markedly lower than the mean in the most advanced countries of the European Union, and considerable differences remain in the numbers of implantations reported to the registry by the different autonomous communities.

ACKNOWLEDGMENTS

We would like to thank all the health care professionals involved in performing ICD implantations in Spain who have voluntarily and generously reported data to the registry.

We are also grateful to the individuals from the ICD manufacturers (Medtronic, Boston Scientific, St. Jude Medical, Biotronik, and Sorin Group) for their collaboration in the data collection and for returning the data collection forms corresponding to most of the implantations to the SEC.

We would also like to thank the SEC and, in particular, Gonzalo Justes and José María Naranjo, for their invaluable work in the introduction of the data and maintenance of the registry database.

CONFLICTS OF INTEREST

Dr. Alzueta has received research grants from Medtronic, Boston Scientific, and St. Jude Medical, as well as fees for participating in round tables sponsored by Medtronic, St. Jude Medical, Boston Scientific, and Biotronik.

REFERENCES

1. Zipes DP, Camm AJ, Borggrefe M, Buxton M, Chaitman B, Fromer M, et al. ACC/AHA/ESC 2006 Guidelines for management of patients with ventricular arrhythmias and the prevention of sudden cardiac death. *J Am Coll Cardiol*. 2006; 48:e247–346.
2. Epstein AE, Dimarco JP, Ellenbogen KA, Estes 3rd NA, Freedman RA, Gettes LS, et al. ACC/AHA/HRS 2008 Guidelines for device-based therapy of cardiac rhythm abnormalities. *Heart Rhythm*. 2008;5:e1–62.
3. Tung R, Zimetbaum P, Josephson ME. A critical appraisal of implantable cardioverter defibrillator therapy for the prevention of sudden cardiac death. *J Am Coll Cardiol*. 2008;52:1111–21.
4. Peinado R, Arenal A, Arribas F, Torrecilla E, Álvarez M, Ormaetxe J, et al. Registro Español de Desfibrilador Automático Implantable. Primer Informe Oficial del Grupo de Trabajo de Desfibrilador Implantable de la Sociedad Española de Cardiología (años 2002–2004). *Rev Esp Cardiol*. 2005;58:1435–49.
5. Peinado R, Torrecilla E, Ormaetxe J, Álvarez M. Registro Español de Desfibrilador Automático Implantable. Segundo Informe Oficial del Grupo de Trabajo de Desfibrilador Implantable de la Sociedad Española de Cardiología (año 2005). *Rev Esp Cardiol*. 2006;59:1292–302.
6. Peinado R, Torrecilla E, Ormaetxe J, Álvarez M. Registro Español de Desfibrilador Automático Implantable. III Informe Oficial del Grupo de Trabajo de Desfibrilador Implantable de la Sociedad Española de Cardiología (2006). *Rev Esp Cardiol*. 2007;60:1290–301.
7. Peinado R, Torrecilla E, Ormaetxe J, Álvarez M. Registro Español de Desfibrilador Automático Implantable. IV Informe Oficial del Grupo de Trabajo de Desfibrilador Implantable de la Sociedad Española de Cardiología (2007). *Rev Esp Cardiol*. 2008;61:1191–203.
8. Peinado R, Torrecilla EG, Ormaetxe J, Álvarez M, Cozar R, Alzueta J. Registro Español de Desfibrilador Automático Implantable. V Informe Oficial del Grupo de Trabajo de Desfibrilador Implantable de la Sociedad Española de Cardiología (2008). *Rev Esp Cardiol*. 2009;62:1435–49.
9. Alzueta J, Linde A, Barrera A, Peña J, Peinado R. Registro Español de Desfibrilador Automático Implantable. VI Informe Oficial del Grupo de Trabajo de Desfibrilador Implantable de la Sociedad Española de Cardiología (2009). *Rev Esp Cardiol*. 2010;63:1468–81.
10. Instituto Nacional de Estadística (INE). Estimación de población por comunidades autónomas al 1 enero de 2010 [cited 1 Mar 2010]. Available from: http://www.ine.es/inebmenu/mnu_cifraspob.htm
11. U.S. Census Bureau [cited 1 Mar 2010]. Available from: <http://www.census.gov/ipc/www/idb/region.php>
12. EUCOMED Medical Technology [cited 1 Jul 2011]. Available from: www.eucomed.org/uploads/_medical_technology/facts_figures/110518_statistics_for_cardiac_rhythm_management_products_20052010.pdf
13. Moss AJ, Zareba W, Hall WJ, Klein H, Wilber DJ, Cannom DS, et al. Prophylactic implantation of a defibrillator in patients with a myocardial infarction and reduced ejection fraction. *N Engl J Med*. 2002;346:877–83.
14. Bristow MR, Saxon LA, Boehmer J, Krueger S, Kass DA, De Marco T, et al. Cardiac-resynchronization therapy with or without an implantable defibrillator in advanced chronic heart failure (COMPANION). *N Engl J Med*. 2004;350:2140–50.
15. Bardy GH, Lee KL, Mark DB, Poole JE, Packer DL, Boineau R, et al.; Sudden Cardiac Death in Heart Failure (SCD-HeFT) Investigators. Amiodarone or an implantable cardioverter-defibrillator for congestive heart failure. *N Engl J Med*. 2005;352:225–37.
16. Moss AJ, Hall WJ, Cannom DS, Klein H, Brown MW, Daubert J, et al. Cardiac-resynchronization therapy for the prevention of heart failure events. *N Engl J Med*. 2009;361:1329–38.
17. Proclemer A, Ghidina M, Gregori D, Facchin D, Rebellato L, Fioretti L, et al. Impact of the main implantable cardioverter defibrillator trials in clinical practice: data from the Italian ICD Registry for the years 2005–07. *Europace*. 2009;11:465–75.
18. Ficht-Warner K, García de Yébenes MJ, Lázaro y de Mercado P, Belaza-Santurde J. Variabilidad entre comunidades autónomas en el uso de tres tecnologías cardiovasculares. *Rev Esp Cardiol*. 2006;59:1232–43.
19. McComb J, Plumier C, Cunningham M, Cunningham D. Inequity of access to implantable cardioverter defibrillator therapy in England: possible causes of geographical variation to implantation rates. *Europace*. 2009;11:1308–12.
20. Lee DS, Birnie D, Cameron D, Cristal E, Dorian P, Gula LJ, et al. Design and implementation of a population-based registry of implantable cardioverter defibrillators (ICDs) in Ontario. *Heart Rhythm*. 2008;5:1250–6.
21. Shah B, Hernández AF, Liang L, Al-Khatib SM, Nancy CW, Fonarow GC, et al. Hospital variation and characteristics of implantable cardioverter-defibrillator use in patients with heart failure: data from the GWTG-HF (Get With The Guidelines-Heart Failure) registry. *J Am Coll Cardiol*. 2009; 53:416–22.
22. Cunningham D, Charles R, Cunningham M, Lange A. Heart rhythm devices. UK National Survey 2008 [cited 1 Mar 2010]. Available from: <http://www.ccad.org.uk/device.nsf>