# The Changing Face of Prosthetic Valve Endocarditis at a Tertiary-Care Hospital: 1986-2005

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**Introduction and objectives.** To investigate changes in the clinical characteristics, etiology, and prognosis of prosthetic valve endocarditis at a tertiary-care hospital.

**Methods.** Retrospective cohort study of all patients diagnosed with prosthetic valve endocarditis using modified Duke criteria between 1986 and 2005. The analysis covered two time periods: January 1986 to December 1995 (P1) and January 1996 to December 2005 (P2).

**Results.** In total, 133 episodes of endocarditis occurred in 122 patients. Of these, 73 (54.9%) were diagnosed in P1 and 60 (45.1%) in P2, with incidences of 2.19% and 2.18%, respectively. The patients' mean age (SD) was 52.6 (16.6) years in P1 and 66.2 (11.5) years in P2 (P=.0001). Clinical characteristics were similar in the two study periods. The increase in *Enterococcus* infection was remarkable (12.5% in P2 vs 4.9% in P1; relative risk [RR] = 2.5; 95% confidence interval [CI], 0.7-9.6), as was the decrease in *viridans* group *Streptococcus* infection (12.5% in P2 vs 31.1% in P1; RR=0.4; 95% CI, 0.2-0.9). Some 90.4% of patients (63/73) underwent surgery in P1, while 68.3% (41/60) underwent surgery in P2. The difference was significant (RR=0.8; 95% CI, 0.6-0.9). The in-hospital mortality rate was 28.8% in P1 and 30% in P2 (RR=1; 95% CI, 0.6-1.7).

**Conclusions.** Changes in the epidemiology and microbiological etiology of prosthetic valve endocarditis were observed over the 20-year study period. Diagnostic and therapeutic approaches also changed, but mortality remained high.

Key words: Endocarditis. Prosthesis. Surgery. Prognosis.

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#### Cambios en el perfil de la endocarditis sobre válvula protésica en un hospital de tercer nivel: 1986-2005

Introducción y objetivos. Estudiar la evolución de las características clínicas, la etiología y el pronóstico de la endocarditis sobre válvula protésica en un hospital de tercer nivel.

**Métodos.** Estudio de cohortes retrospectivo de todos los pacientes diagnosticados de endocarditis sobre válvula protésica desde 1986 a 2005 según los criterios de Duke modificados. Se analizaron dos periodos temporales: enero de 1986 a diciembre de 1995 (P1) y enero de 1996 a diciembre de 2005 (P2).

Resultados. Se estudiaron 133 episodios en 122 pacientes. En 73 episodios (54,9%) la endocarditis fue diagnosticada en el P1 y en 60 (45,1%), en el P2 (incidencia del 2.19 v el 2.18% respectivamente). La edad. media ± desviación estándar, fue de 52.6 ± 16.6 años en el P1 v 66,2 ± 11,5 años en el P2 (p = 0,0001). Las características clínicas fueron similares en ambos periodos de estudio. Fue llamativo el incremento de infecciones por enterococo (el 12,5% en el P2 y el 4,9% en el P1; riesgo relativo [RR] = 2,5; intervalo de confianza [IC] del 95%, 0,7-9,6) así como el descenso de las infecciones por estreptococos del grupo viridans (el 12,5% en el P2 v el 31,1% en el P1; RR = 0,4; IC del 95%, 0,2- 0,9). Los pacientes intervenidos en el P1 fueron el 90,4% (63/73), mientras que en el P2 fueron el 68,3% (41/60), diferencias que resultaron estadísticamente significativas (RR = 0,8; IC del 95%, 0,6-0,9). La mortalidad intrahospitalaria fue del 28,8% en el P1 y el 30% en el P2 (RR = 1; IC del 95%, 0,6-1,7).

**Conclusiones.** Durante los 20 años de estudio, se ha observado un cambio en la epidemiología y la etiología microbiológica de la endocarditis sobre válvula protésica. El abordaje diagnóstico y terapéutico también se ha modificado, aunque la mortalidad se ha mantenido elevada.

Palabras clave: Endocarditis. Prótesis. Cirugía. Pronóstico.

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## ABBREVIATIONS

CI: confidence interval PVE: prosthetic valve endocarditis RR: relative risk

## INTRODUCTION

Prosthetic valve endocarditis (PVE) is a serious, although uncommon, complication in patients who have undergone valve replacement.<sup>1,2</sup> Despite recent progress in its diagnosis and treatment, PVE presents high morbidity and mortality.<sup>3-5</sup> In fact, in PVE, mortality ranges between 25% and 59%, although there has been unquestionable progress in the prophylaxis, diagnosis and treatment of this disease.<sup>6-9</sup>

The purpose of this work was to analyze changes in the epidemiological factors, etiology, and clinical characteristics of patients with PVE, and to study their treatment and prognosis.

## **METHODS**

The study was conducted in the Hospital Universitario Marqués de Valdecilla of Santander (Cantabria, Spain), a tertiary-care hospital with an approximate capacity of 1200 beds. During the study period, this was the referral hospital for cardiovascular surgery in this Autonomous Region (Cantabria, approx. 520 000 inhabitants) and for other nearby regions (Castilla and León, Galicia, Asturias, the Basque Country, and La Rioja). It conducts approximately 1000 cardiovascular surgical procedures per year, of which 500 involve cardiac surgery.

This retrospective cohort study was conducted in the Hospital Universitario Marqués de Valdecilla between 1986 and 2005 and included all patients over 14 years of age diagnosed with PVE. Cases were identified retrospectively by analyzing the computerized registries of Cardiovascular Surgery Infectious Diseases and Admissions and Clinical Documentation Service. Prosthetic valve endocarditis was defined according to modified Duke criteria<sup>10</sup> with additional modifications specific to diagnosing PVE, made by our working group.<sup>11</sup> Only patients with a definitive diagnosis of PVE who had previously undergone valve replacement surgery in our hospital were included. Patients who had any prior episode of PVE were considered as new cases. The classic criterion of 60 days from surgery to PVE symptom onset was employed to differentiate early onset from late onset.<sup>12</sup> All patients included in the study underwent follow-up from the time PVE was diagnosed until hospital discharge.

With the aim of analyzing the epidemiological and clinical differences, the study was divided into 2 periods: period 1 (P1), from January 1986 to December 1995, and period 2 (P2) from January 1996 to December 2005. This provided 2 periods of equal length, the second of which included our hospital's introduction of transesophageal echocardiography was introduced in our hospital to diagnose PVE (from 1995 onwards). P1 was regarded as the reference period in the statistical analysis.

## Definitions

The medical histories of the patients were retrospectively examined to analyze the following factors:

– Epidemiological data: age, sex, place of origin (Cantabria or other region); previous endocarditis, previous valve surgery (type of surgery, duration and type, size and position of valve); underlying diseases, (COPD, kidney failure, diabetes mellitus, liver disease, previous stroke and neoplasms); comorbidity, defined by the presence of two or more of the following factors: diabetes mellitus, age >75 years, human immunodeficiency virus (HIV) infection, cancer, and immunodeficiency.<sup>8</sup>

- Clinical findings: fever, new murmur or changes in the characteristics of known murmur, heart failure, and neurological alterations, as well as complicated PVE, bad outcome, uncontrolled infection, septic shock, and in-hospital mortality. "Complicated" PVE followed criteria developed by Calderwood et al<sup>13</sup> (new murmur, heart failure, fever for more than 10 days, or cardiac conduction abnormalities). "Bad outcome" was applied in cases of relapse, valve surgery related to sequelae of the infection, or death with indications of unresolved infection or prosthesis dysfunction.<sup>13</sup> "Uncontrolled infection" was defined by prolonged fever, persistent bacteremia or both following 1 week of appropriate antimicrobial treatment.<sup>14</sup> "Septic shock" was defined as prolonged hypotension (systolic blood pressure  $\leq 90 \text{ mm Hg}$ ), not due to cardiogenic shock, together with at least one of the following perfusion abnormalities: oliguria, acute mental alterations, or lactic acidosis.<sup>15</sup> "In-hospital mortality" was defined as death during initial hospitalization for infectious endocarditis.14

- Microbiological data: blood cultures, date of acquisition, number of samples extracted and positive samples, and the results of serological studies and cultures of the infected valve, when available.

- Echocardiography: the presence of vegetations, prosthetic dysfunction, prosthetic dehiscence,

and myocardial abscesses on transthoracic or transesophageal echocardiograms..<sup>16,17</sup>

#### **Statistical Analysis**

The recorded data were entered into a database created with SPSS 15.0. The Student *t* test was used to compare between-group means for quantitative variables. Qualitative variables were compared using the  $\chi^2$  test or Fisher's exact test (when the expected frequencies were <5). The size of the effect was determined by calculating the relative risk (RR) with 95% confidence interval (CI), taking P1 as the reference. Differences were accepted as significant when  $\alpha$  errors <.05.

## RESULTS

A total of 133 episodes of PVE occurred in 122 patients; 112 patients had a single episode, 9 had 2 episodes, and 1 patient had 3 episodes. During the 20-year study period, there were 6079 valve replacement procedures, with an approximate cumulative incidence of PVE of 2.2% in our hospital. Of the 133 episodes studied, 73 (54.9%) cases of PVE were diagnosed during P1 (1986-1995) and 60 (45.1%) during P2 (1996-2005). In total, 65% of the patients were more than 65 years of age at the time of diagnosis.

During P1, 73 episodes of PVE occurred out of 3330 procedures (incidence, 2.19%). During P2, 60 episodes of PVE occurred out of 2749 valve replacement procedures (incidence, 2.18%). Figure

shows how the number of cases of PVE evolved over time in relation to the total number of valve replacement procedures.

Analysis showed that the population was aging, with a mean (standard deviation) of 52.6 (16.6) years during P1 and 66.2 (11.5) years during P2 (P=.0001). A significant decrease in the number of men was observed (P1, 75 [3%]; P2, 35 [58.3%]; RR=0.8; 95% CI, 0.6-1; P=.04). Table 1 shows the epidemiological characteristics of the study population.

Regarding valvular heart disease prior to surgery, a decrease was observed in the incidence of rheumatic heart disease and an increase in degenerative valvular heart disease (Table 1). Similarly, there was a decrease in the percentage of bioprosthetic valves implanted: P2, 23 (39.7%), versus P1, 44 (62%) (RR=0.6; 95% CI, 0.4-0.9; P=.012).

In relation to risk factors, the only significant finding was the increase in the incidence of diabetes mellitus (P2 vs P1, 15% vs 1%; RR=10.9; 95% CI, 1.4-84; P=.003), but no significant differences were observed between the 2 periods regarding any other factors analyzed (Table 1).

Late onset PVE occurred in 109 cases (82%) and early onset PVE in 24 (18%). Of the 109 late onset cases, 22 (20.2%) occurred between 3 and 12 months after valve replacement, 20 (18.3%) occurred between 12 and 36 months, and 67 (61.5%) occurred 36 months after the procedure. No significant differences were observed in the incidence of early onset PVE and late onset PVE in the 2 study periods analyzed (early onset PVE, P2 vs P1, 18.3% vs 17.8%; RR=1; 95% CI, 0.5-2.1; P=.94).



Figure 1. Bar chart indicating in each column the percentage prosthetic of valve endocarditis episodes in relation to valve replacement procedures conducted at the Marqués de Valdecilla University Hospital during the 2 study periods. PVE indicates prosthetic valve endocarditis.

	Total (n=133), n (%)	P1, 1986-1995 (n=73), n (%)	P2, 1996-2005 (n=60), n (%)	RR (95% CI) (reference, P1)	Р
Age					
<45 y	26 (19.5)	24 (32.9)	2 (3.3)	0.1 (0.02-0.4)	.0001
45-60 y	35 (26.3)	18 (24.7)	17 (28.3)	1.1 (0.7-2.0)	.63
61-75	51 (38.3)	25 (34.2)	26 (43.3)	1.3 (0.8-1.9)	.28
>75 y	21 (15.8)	6 (8.2)	15 (25)	3.0 (1.3-7.4)	.009
Sex					
Men	90 (67.7)	55 (75.3)	35 (58.3)	0.8 (0.6-1.0)	.04
Women	43 (32.3)	18 (24.7)	25 (41.7)	1.7 (1.0-2.8)	
Drigin					.01
Hospital Marqués de Valdecilla	47 (35.3)	19 (26)	28 (46.7)	1.8 (1.1-2.9)	
Other hospitals	86 (64.7)	54 (74)	32 (53.3)	0.7 (0.5-0.9)	
Diabetes mellitus	10 (7.5)	1 (1.4)	9 (15)	11.0 (1.4-84.0)	.003
Chronic bronchitis	6 (4.5)	4 (5.5)	2 (3.3)	0.6 (0.1-3.2)	.55
Severe comorbidity	2 (1.5)	0	2 (3.3)	-	.11
Kidney failure	2 (1.5)	0	2 (3.3)	-	.11
Liver disease	2 (1.5)	0	2 (3.3)	-	.11
Stroke	20 (15)	12 (16.4)	8 (13.3)	0.8 (0.4-1.9)	.62
Neoplasm	5 (3.8)	3 (4.1)	2 (3.3)	0.8 (0.1-4.7)	.82
/alvular heart disease					
Rheumatic heart disease	59 (50.4)	37 (53.6)	25 (45.8)	0.8 (0.6-1.2)	.30
Senile	22 (18.8)	6 (8.7)	16 (33.3)	3.2 (1.4-7.8)	.004
Congenital	5 (4.3)	5 (7.2)	0	_	.04
Prosthetic dysfunction	31 (26.5)	21 (30.4)	10 (20.8)	0.6 (0.3-1.1)	.10
PVE					
Early onset	24 (18)	13 (17.8)	11 (18.3)	1.0 (0.5-2.1)	.94
Late onset	109 (82)	60 (82.2)	49 (81.7)	1.0 (0.8-1.7)	

**TABLE 1. Characteristics of the Study Population** 

PVE indicates prosthetic valve endocarditis.

The most relevant clinical data at the time of diagnosis were as follows: fever, present in 80% of patients and more frequent in late onset PVE (84%) than in early onset PVE (71%); heart failure, present in 65% of patients and, in contrast to fever more prevalent in early onset PVE (75%) than in late onset PVE (64%); new murmurs or qualitative changes in existing murmurs, appearing in 64% of patients and more frequent in late onset PVE (66%) than in early onset PVE (54%). Other clinical signs and symptoms did not vary significantly during the study period.

Blood cultures were performed for all episodes. In 24 patients (18%) blood cultures were negative, and no significant differences were observed between the 2 study periods (P2 vs P1, 16.4% vs 12%; RR=1.2; 95% CI, 0.5-2.7; *P*=.63). Table 2 shows the microorganisms isolated in the 82% of cases with positive blood cultures: coagulasenegative *Staphylococcus* in 36 cases (33%; 31 cases of *S epidermidis*); *viridans*-group *Streptococcus*, 25 cases (22.9%), *Staphylococcus aureus*, 17 cases (15.6%; 12 cases of methicillin-sensitive *S aureus* [MSSA] and 5 cases of methicillin-resistant *S aureus* [MRSA]); and *Enterococcus*, 9 cases (8.3%); other bacteria, 17 cases (15.6%), and *Candida* spp., 4 cases (3.6%). Analysis of the microbiological findings showed only one significant difference between the 2 study periods (1986-1995 and 1996-2005), a decrease in *viridans*-group *Streptococcus* infections (P2 vs P1, 12.5% vs 31.1%; RR=0.4; 95% CI, 0.2-0.9; *P*=.02) (Table 2).

In total, 49.2% of the echocardiograms were transthoracic and 50.8% were transesophageal (24% of the echocardiograms were transesophageal during P1 and 84% during P2; RR=3.5; 95% CI, 2.2-5.5; P<.0001). Vegetations were present in 84 patients (63.1%); intrinsic prosthesis dysfunction in 95 (71.4%); valve dehiscence in 13 (9.7%); and myocardial invasion in 39 patients (29.3%). There were no significant differences in echocardiographic findings between P1 and P2.

A total of 107 patients (80.5%) received surgical treatment, with more surgeries during P1 (90.4% [66/73] vs 68.3% [41/60] in P2; RR=0.8; 95% CI, 0.6-0.9; *P*=.001).

Complicated bacterial endocarditis was present in 96 (72.2%) patients, uncontrolled infection in 19 (14.3%), and bad outcomes in 28 (21.1%).

Hospital mortality occurred in 39 patients (29.3%) and was due to early onset PVE in 41.7%

Microorganism	P1, 1986-1995 (n=61)a, n (%)	P2, 1996-2005 (n=48)ª, n (%)	RR (95% CI) (Reference, P1)	Р
Coagulase-negative Staphylococcus	18 (29.5)	18 (37.5)	1.3 (0.7-2.1)	.40
Staphylococcus aureus	10 (16.4)	7 (14.6)	0.9 (0.4-2.1)	.80
Viridans-group Streptococcus	19 (31.1)	6 (12.5)	0.4 (0.2-0.9)	.02
Enterococcus	3 (4.9)	6 (12.5)	2.5 (0.7-9.6)	.15
Other	11 (18)	11 (22.9)	1.3 (0.6-2.7)	.53

TABLE 2. Etiologic Agent of Prosthetic Valve Endocarditis During the 2 Study Periods

<sup>a</sup>Total number of positive blood cultures.

(10/24 patients) and late onset PVE in 26.6% (29/109 patients); no significant differences were observed between the 2 periods (30% during P2 and 28.8% during P1; RR=1; 95% CI, 0.6-1.8; P=.88).

## DISCUSSION

The present study was conducted over a long period, due in part to the particular characteristics of PVE, which has low incidence. This approach offered the opportunity to compare 2 defined periods and analyze changes in the epidemiology of the infection and the impact of changes in medical practice on the microbiology and prognosis of PVE. A review of the literature revealed that the series presented here is the widest using definitive criteria for PVE in a single hospital. Although various multicenter studies have recruited more patients,<sup>18,19</sup> our series has two signature advantages with respect to the homogeneity of both data gathering and clinical practices: a single person conducted the data collection and the composition of the medical and surgical teams effectively remained the same throughout the 20-year study period. In this regard, the work of Pablo Rivas et al<sup>20</sup> is worth mentioning due to its similarity to the present study, although their data collection period was longer (1970-2003). In our study, the mean age was 59 years at the time of diagnosis and population aged significantly between P1 and P2: 52.6 years vs 66.2 years, respectively. Furthermore, there were significantly more patients >65 years during P2. Following our review of the literature on PVE studies, the gradual aging of the population was confirmed (Table 3), and it is noteworthy that after 1990 the mean age of PVE patients increased by around 9 years.<sup>7-9,13,14,21-33</sup>

Analysis of early onset PVE (20%) and late onset PVE (80%) found no statistically significant differences between the 2 study periods (1986-1995 and 1996-2005) and a similar distribution in the percentage of early onset PVE and late onset PVE. This contrasts with the findings of two o other studies,<sup>20,34</sup> which report a gradual decrease of early onset PVE and a slight increase in late onset PVE, although both of these studies were begun in the 1970s, which may explain the differences.

Historically, PVE has predominantly been a disease of patients with underlying rheumatic heart disease<sup>5,36</sup> and community-acquired bacteremia, and the most frequent etiology was *Streptococcus* infection, involving 60% to 80% of all patients. On the other hand, the prevalence of rheumatic heart disease has decreased in recent years,<sup>37,38</sup> whereas the prevalence of chronically ill patients undergoing invasive processes has increased.<sup>39</sup> In the present study, analysis of the 2 periods showed a gradual decrease of rheumatic heart disease and an increase in degenerative valvular heart disease.

During the last 20 years, various authors have suggested that changes in the epidemiological characteristics of the population may have played a decisive role in the clinical characteristics and prognosis of this disease.<sup>37,40,41</sup> In particular, the steady increase in the use of invasive procedures (surgical techniques, central venous catheters, hemodialysis), with the consequent increase in hospital-acquired infections, has been implicated as a factor that can increase the rate of endocarditis.<sup>42</sup> On the other hand, progress in echocardiography and the use of validated diagnostic criteria have led to improvements in the diagnosis of this disease.<sup>10,43</sup>

Although descriptive studies on the epidemiology of endocarditis were conducted in the 1980s and 1990s,<sup>44-46</sup> few studies have works focused on the association between changes in epidemiological characteristics and prognosis. Cabell et al,<sup>41</sup> of Duke University, attempted to identify changes in the epidemiological and microbiological characteristics of patients with endocarditis, with the further aim of determining their effect on survival. This study, like all previous ones, had the methodological limitation of jointly analyzing episodes of native valve endocarditis and PVE. Nevertheless, this was an extensive series with 329 patients, 30% of whom had PVE. Over the 7-year study period, it became clear that there was an increase in the number of immunodeficient patients and hemodialysis procedures, which implied more infections caused

Before 1996		After 1996		
Author and Year	Age (y), average (No. Cases)	Author and Year	Age (y), average (No. Cases)	
Okies 1971 <sup>21</sup>	45 (18)	Tornos 19977	47 (59)	
Slaughter 1973 <sup>22</sup>	44 (48)	Nettles 199728	50 (25)	
Madison 197523	45 (16)	John 199829	61 (33)	
Arnett 1976 <sup>24</sup>	53 (22)	Habib 20058	60 (104)	
Anderson 1977 <sup>25</sup>	49 (22)	Delay 200033	55 (27)	
Moore-Guillon 1983 <sup>26</sup>	50 (32)	Castillo 200030	51 (43)	
Horstkotte 1984 <sup>27</sup>	39 (46)	Akowuah 20039	66 (57)	
Calderwood 1985 <sup>13</sup>	59 (116)	Truninger 199931	52 (49)	
Wolff 1995 <sup>14</sup>	45 (122)	Gordon 200032	65 (93)	
H. Marqués of Valdecilla 1996	53 (73)	H. Marqués of Valdecilla 2006	66 (60)	
Average	49		58	

TABLE 3. Age of Patients With Prosthetic	Ialve Endocarditis (Series	According to Year of Publication)

by *Staphylococcus aureus* in contrast to a decrease in endocarditis caused by *viridans*-group *Streptococci*. Similarly, endocarditis due to *Staphylococcus aureus* was associated with greater patient mortality. In the present study, we also found a greater number of patients with diabetes mellitus, immunodeficiency, and kidney failure during P2.

Regarding the microbiology of prosthetic valve infections, we would like to emphasize our agreement with the experience of most authors who report S epidermidis and S aureus as the cause of most episodes of both early onset PVE47 and late onset PVE,<sup>4</sup> and *viridans*-group *Streptococci* as the cause of a sizable number of late onset cases. However, we did not observe the preponderance reported in more recent studies of Staphylococcus aureus.<sup>14,41,48</sup> In our series, the increase in Enterococcus infections in P2 was striking, as well as the decrease in viridans-group Streptococcus infections. In particular, the number of S aureus infections remained similar during the 2 periods analyzed (14.7% vs 12.3%), in contrast to the work of Rivas et al,<sup>20</sup> which reported an increase in PVE caused by *Enterococcus* and *S aureus* in the case of late onset PVE.

introduction of The transesophageal echocardiography in the 1990s revolutionized the echocardiographic diagnosis of PVE due to its greater diagnostic sensitivity (76%-100%) and its specificity (94%) in assessing the perivalvular extent of infection<sup>49</sup>; thus, it is very helpful in diagnosing and monitoring the disease, and in deciding which patients should undergo reintervention.<sup>16,49,50</sup> Our study reflects this change in the echocardiographic PVE, with approach to transesophageal echocardiography being used in 84% of cases during P2. This improvement in the diagnosis of PVE could explain the lower number of surgical interventions during P2, since this may have led to improved selection of those patients requiring surgery.

In total, 29% (38 patients) died in hospital due to complications of PVE. The in-hospital mortality rate was 41.7% in early onset PVE and 26.6% in late onset PVE: no statistically significant differences were found between 1986-1995 and 1996-2005. Studies on mortality in patients with PVE are scarce. Furthermore, some of the few available studies jointly analyzed mortality in native valve endocarditis and PVE or. on the other hand, mortality specifically associated with PVE episodes caused by certain microorganisms, particularly S aureus.<sup>48</sup> Our figures are similar to those of other published studies, which indicates the severity of this disease and the possible influence of the changes in the epidemiological and microbiological characteristics of the patients. Mortality is particularly high in early onset PVE,<sup>51,52</sup> with rates ranging between 40% and 75%, and is associated with invasive microorganisms that cause abscesses and destruction of the valvular ring and, thus, a greater number of cardiac complications.53

This paper has certain limitations that should be mentioned. The study was retrospective and conducted in a single hospital, which in a certain sense limits the validity of the results, although the cases of PVE had been prospectively recorded in the computerized registries of the Cardiovascular Surgery and Infectious Disease services. Furthermore, the incidence of PVE was not calculated in a strict sense. Although all the new cases of PVE diagnosed during the study period were included in the numerator, the 6079 operated patients were not followed up, and it is possible that some of them contracted PVE and were not referred to our hospital again, although this is not customary clinical practice. On the other hand, the study was conducted only on patients with a definitive diagnosis of PVE and has the advantage of analyzing longitudinally the evolution of this disease ever a long period and indicates the changes in the characteristics of the disease.

#### CONCLUSIONS

This work, conducted over a 20-year period of treating patients with PVE, reports a gradually aging population with PVE, changes in underlying valvular heart disease and a gradual decrease in the etiology of *Streptococcus* infection, but with no decrease in mortality.

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