Late Gadolinium Enhancement in Non-Compaction Cardiomyopathy

To the Editor:

The European Society Cardiology of currently considers the non-compaction cardiomyopathy as an un-classified cardiomyopathy. It is characterised by the presence of numerous and prominent trabeculations together with deep intertrabecular recesses in a portion of the ventricular wall, principally at the lateral, and apical level, as a result of a congenital anomaly of the endomyocardial development. Its clinical presentation is variable, from asymptomatic cases to severe heart failure; other manifestations of the disease include ventricular arrhythmias and systemic embolism. Cardiac Magnetic Resonance Imaging (CMR), because of its high spatial resolution, makes it possible to determine a precise diagnosis of this entity. We present a case of a 44-year-old patient that was diagnosed with dilated idiopathic cardiomyopathy with normal coronaries and moderate dysfunction of the left ventricle that was remitted for a CMR with suspicions of NCC. A Holter study showed frequent episodes of nonsustained ventricular tachycardia, with a maximum oxygen consumption of 14 mL/kg/min. The CMR carried out with a 1.5 Tesla magnet (Figures 1 and 2, images from the gradient echo and after administering the contrast) showed the anatomic characteristics representative of this entity, as well as a late enhancement of subepicardium and intramyocardial gadolinium in the anterior and septum areas, with an ejection fraction of 35%. The relevance of the CMR in the diagnosis of this cardiomyopathy has been shown previously; however, the role of the gadolinium late-enhancement has not been completely clarified. Other authors have described it as an index of scar tissue; a possible correlation between the extension and localisation of the enhancement with the clinical evolution of these patients has been considered, although the number of cases described in existing literature is low. In addition, the prognosis of the NCC is controversial, and there are still no defined criteria for high risk. CMR studies may provide a great amount of information regarding this complex and still partially unknown entity, not only as a diagnostic tool, but also as an indicator of its prognosis. More follow-up and longer series of patients are needed to understand not only the natural history of non-compaction cardiomyopathy, but also the role that the gadolinium late-enhancement may play regarding this entity.

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Figure 1. Gradient echo sequences (4 chamber and 2 chamber where a dilated left ventricle fulfilling non-compaction criteria is observed.

Figure 2. After administering the contrast, gadolinium late-enhancement is observed in the anterior and septal subepicardial and intramyocardial areas (arrows).
REFERENCES


Letters to the Editor

To the Editor:

Malignant cardiac tumours constitute a group of tumours with a very low incidence but high mortality that are difficult to diagnose, primarily because of their various forms of presentation and symptoms. We present 3 cases of cardiac sarcomas that clearly represent the variety of their clinical presentation and the respective chain of events of this type of tumours.

Case 1. Twenty-seven-year-old male attended to in the emergency room for pleuritic chest pain, low grade fever, and asthenia. The initial physical exploration was normal. He was admitted with a suspected diagnosis of acute viral pericarditis. After carrying out transthoracic echocardiography (TTE) and transoesophageal echocardiography (TEE), a large irregular-shaped mass was found in the interatrial septum that infiltrated the right atrium, the tricuspid ring and the base of the aorta; it produced a subtotal stenosis of the superior vena cava and severe pericardiac effusion. A biopsy of the mass was taken by thoracotomy. The pathological anatomy confirmed the diagnosis of a cardiac angiosarcoma. Chemotherapy was initiated with intravenous taxol. The patient passed away 6 months after the diagnosis.

Case 2. Forty-year-old male with symptoms of partial simple epileptic crises. An electroencephalogram (normal) and a computerized cerebral tomography were carried out that showed a frontal mass with a large perilesional edema, indicating a cerebral metastasis of an unknown primary tumour. The thoraco-abdominal tomography showed multiple intrapulmonary masses of a small size compatible with metastases and a mass in the right atrium. The TEE showed a large mass with irregular edges in the right atrium without invading any other structures (Figure 1). With a biopsy of one of the pulmonary masses, an anatomopathological diagnosis was made of metastases of a cardiac angiosarcoma (Figure 2). Chemotherapy was initiated with intravenous taxol, but the patient passed away 2 months after the diagnosis was made.

Case 3. Fifty-nine-year-old women with symptoms of asthenia, low grade fever, and dyspnea from...