Noninvasive Characterization of a Case of Danon Disease

To the Editor:

Genetic studies have recently identified a novel disease caused by mutations in the X-linked lysosome-associated membrane protein-2 (LAMP2) gene: Danon disease. We report the noninvasive characterization of a patient with this pathology.

A 19-year-old man was admitted to hospital for the evaluation of new onset of heart failure. There was a 4-week history of gradually progressing exercise intolerance. On admission, the patient presented in New York Heart Association class II. His mother died at the age of 44 years with suspicion of dilated cardiomyopathy. On physical examination, cachectic appearance was noted. Auscultation revealed bilateral rales halfway up and hepatomegaly. Routine blood tests produced elevated troponins, creatine kinase and liver enzyme levels. The electrocardiogram was consistent with left bundle branch block and high QRS voltage. A chest X-ray showed cardiomegaly with massive pulmonary congestion.

Transthoracic echocardiography demonstrated biventricular symmetrical concentric hypertrophy without left and right outflow tract gradient. The intraventricular septum and posterior wall thickness were 25 mm and 24 mm, respectively. The echogenicity of the whole myocardium was evenly increased (Figure 1a,b). The left ventricle (LV) was dilated, with an end-diastolic diameter of 69 mm, and both atria were enlarged. The systolic function was decreased due to global hypokinesis with akinetic apical segment. Ejection fraction assessed by Simpson’s method was 27%. Right ventricular function was impaired, with free wall hypokinesis (Tricuspid Annular Plane Systolic Excursion
confirmation of the diagnosis of Danon disease. The patient died of heart failure within 2 months while waiting for cardiac transplant.

Danon disease, a rare X-linked dominant disorder, is a lysosomal glycogen storage disease related to mutations in the gene encoding LAMP2 that lead to marked deficiency or complete absence of this protein. LAMP2 mutations typically cause multisystem glycogen storage disease but can also present as primary cardiomyopathy, as in our patient. The histopathologic hallmarks are intracytoplasmic vacuoles containing autophagic material and glycogen in skeletal and cardiac muscle cells.

This case is one of only a few reports concerning the echocardiographic findings in patients with Danon disease. Previously described echocardiographic features associated with Danon disease mimic HCM due to sarcomere proteins mutations. Only the average maximal left ventricular wall thickness was characterized as greater than that typically found in patients with HCM (35+/−15 mm). In our patient,
hypertrophy was smaller (maximal left ventricular wall thickness was 25 mm).

Given the poor prognosis associated with cardiomyopathy due to LAMP2 mutation, early diagnosis is critical for determining the appropriate treatment strategy and achieving timely cardiac transplantation, the only effective therapeutic option.

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REFERENCES